



Program Outline



Poshabilities is a 501c3 located in Dallas, TX and Atlanta, GA. We make positive changes in under-served communities through fun, interactive, rich and dynamic programs in an upscale atmosphere. Etiquette and how to carry yourself is very much a part of everything we do. Participants learn vital life skills, explore career choices, develop decision-making skills, delve into the Arts and are introduced to the "finer things in life" through field trips. Our programs are for boys and girls ages 8-12. We also facilitate a mentoring program for teens, an adult literacy/ GED referral program, job reentry training, production technology, health and environmental education. We believe "your unique gift makes room for you" in this vast world so participants are encouraged to develop their natural talents, skills and abilities to promote a successful life and lifestyle.

Our goal is to develop smart, confident individuals who make good choices, grow into great leaders and become healthy productive members of society.

Benefits

- * Discovering and Developing Your Unique Skills and Passions
- * Best Matching Career Options
- * Social Responsibility
- * Exposure and Trips to Posh Places, Events and People
- * Self Esteem and Confidence
- * Clear Direction
- * Environmental Enlightenment
- * Goal-Setting and Achievement
- * Health Consciousness
- * Improved Family Dynamics and Relationships
- * Improved Social Skills
- * Proper Etiquette



Discover Your Poshabilities

Our Signature program "Discover Your Poshabilities" educates on, discovering your innate talent, skills and passions. Life skills are taught that change the trajectory of participants lives. They are given clear and concise direction on living their best life and exploring careers that match their passion. We look for each participants unique gift and help educate them through interactive activities to develop and strengthen them. They are introduced to the finer things in life through Field Trips. These vital field trip exposes them to the Poshabilities that Life has to offer and inspires them to set goals. They come to understand that through hard work and education anything is Poshable.

The Arts

Focuses on self-confidence, self-expression and social interaction. This program trains in The Art of dance, theatre and vocals. It also includes sports-related activities such as cheerleading and baton twirling. Fashion, television, radio, media and production training are all a part of this interactive, socially intuitive program.

Social Responsibility

How we treat and relate to others. Focuses on developing smart, confident individuals who make good choices, grow into great leaders and become healthy productive members of society who are conscientious of the environment, kind to others and respect all living beings including animals. Tools are provided to excel both personally and professionally. Self-development, decision-making skills, identifying priorities, leadership skills, etiquette, relationship building, family dynamics, finances, giving back, environmental and health awareness are introduced.

Health and Wellness

Focuses on overall health and well-being. Addresses mental, physical and emotional health. Participants learn balance, healthy eating, exercise and the importance of communicating inner- thoughts and feelings. Interactive animated videos and a performing arts play that deals with proper thought-processes are also part of this

Field Trips and Camp

Field trips are vital to our developmental program. Participants are directly exposed and introduced to Posh people, places, events and things. These Field Trips assist in their growth, development and goal-setting skills. We also include Field Trips that promote environmental

Mentoring

Boys and girls are paired with successful entrepreneurs in the community. They are given the opportunity to shadow them for a first-hand look at working in Corporate America. Business and Community leaders also conduct speeches and training on various subjects and careers. ADULT LITERACY: is also offered.

Environmental

Focuses on keeping communities clean, recycling, going green and eating healthy. Participants also role-play in the interactive Puppet Show "The Littered Path" that focuses on being litter-free. This program is taught under Social Responsibility.